



MASSAGE OG BEHANDLING KLINIK
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CONSENT TO EXCHANGE HEALTH INFORMATION FOR ACUPUNCTURE TREATMENT IN ACTIVATION POINTS

Personal informations :

Name _____

Address _____

Mobile _____; email _____ Age _____;

Marital status _____ Birthday _____;

Height _____ cm; Weight _____ kg

Have you been previously treated with acupuncture?

- not
- yeah

Have you been in contact with the healthcare system abroad for the past 12 months?

- not
- yeah

Have you had weight loss in the past 3 months?

- not
- yeah

If so, how much? _____

Do you have high blood pressure?

- not
- yeah

If yes, describe: _____

Do you have diabetes?

- not*
- yeah*

If yes, describe: _____

Do you have heart disease?

- not*
- yeah*

If yes, describe: _____

Do you have lung disease?

- not*
- yeah*

If yes, describe: _____

Do you have kidney disease?

- not*
- yeah*

If yes, describe: _____

Do you suffer from swollen legs?

- Not*
- yeah*

If yes, describe: _____

Did you insert prosthetic implants?

- not*
- yeah*

If yes - what? _____

Do you take medicines (pills, tablets, capsules, injections, etc.)?

- not*
- yeah*

In this case, fill in the following form:

Drug name _____ *Potency (mg per tablet)* _____

Daily dose (e.g. 2 tablets 4 times a day) _____

Do you have allergies?

- Not*
- yeah*

If yes, describe: _____

Have you been completely anesthetized?

- Not*
- yeah*

Have you ever had problems with total anesthesia?

- not*
- yeah*

If yes, describe: _____

Do you smoke?

- not*
- yeah*

If yes, indicate daily tobacco consumption: _____

Are you an ex smoker?

- not*
- yeah*

If yes, indicate which year has stopped _____

Do you drink alcohol?

- not*
- yeah*

If yes, indicate your alcohol intake per day / week (number of items):

Wine: ____ Beer: ____ Liqueur: ____

CONTROL INDICATIONS, SIDE EFFECTS AND COMPLICATIONS

The immediate reactions of the needle are the tension, the tingling, the source and the feeling that the tissue is working and that the tense muscles are being released. After spending some time with the needles, it is normal to feel warmth, relaxation and heaviness in the body. The skin itself around the needle may also turn red due to the increased circulation.

❖ Contraindications:

Acupuncture as a secondary treatment for:

- Appendicitis etc. infections
- Fractures
- Emergency medical treatment or surgery required
- Poisonings

❖ Relative contraindications

- Ache. Blurring of serious diseases. It must be examined by a doctor
- Organ transplants
- pregnancy
- Cancer
- Bleeds ← → Blood thinning treatment
- Medicines; Blood pressure, insulin, epilepsy, pain relievers
- Pacemaker: - / - electrostimulation
- Children, elderly, sick and dying

❖ Side effects

- Bleeding by removing the needle
- Needle blocked
- Fainting
- Inadequacy
- Nausea
- Cramps
- Influence of the nerve, cramps in the muscles
- Sensitive areas; Hands, feet, face

I intentionally confirm that I am being treated at Massage og Behandling Klinik, although I am aware of the side effects and reactions that may occur.

Date _____

Signature _____